

The 18th Annual Britton Fund Ride

April 22, 2025 | Tucson, Arizona



Frequently Asked Questions!

Where can I find the Cyclist Volunteer Registration Form and Release Waiver?

- Find these forms on [The Britton Fund](#) website.

What is the deadline to sign up?

- Riders, Sponsors, and Volunteers: April 1, 2025
- To support a cyclist or make an event donation: September 19, 2025

What is included in my \$125.00 registration fee?

- Riders receive a bike jersey, dinner the evening before the ride, refreshment stops, and lunch on the day of the Ride. Breakfast before the Ride is on your own.
- You will order your bike jersey through your **Cyclist Volunteer Registration Form**. To help guarantee your size, also order your jersey with Doug Anderson by **March 3, 2025**. Email: doug@andersonstrecare.com.

How do I start fundraising?

- Create your fundraising page on [JustGiving.com](#).
 - Add photos, email to your contacts, share on social media.
 - Your fundraising goal is \$650 or more. Consider how many donations you will need to reach this amount?
 - Ask your contacts to make a specific gift amount to support you.

What is the Ride like?

- The Ride is a day-long event that serves as the opening activity for the WCISA's 91st Annual Conference and Trade Show. Two different riding routes are in development and will accommodate different levels of cycling experience and interests. Both routes begin at the conference hotel, the Westin La Paloma Resort & Spa.
 - Route #1 will be a 100k ride or about 65 miles.
 - Route #2 will be approximately 20 miles and include two tree planting ceremonies. The first planting will be at a community park and the second at a local elementary school. This ride will then return to the conference hotel.
 - Routes will be posted on The Britton Fund's website.

- A **mandatory orientation and complimentary dinner** will be held on the night before the ride, **Monday, April 21**, at the conference hotel. Location, to be announced. Plan to arrive in Tucson early enough to check into your hotel, get your bike ready for the next day, and arrive for the orientation by **5:00 PM**.
- At dinner we will have a safety talk, an overview of the two routes and stops, distribute jerseys, and meet other riders.

Can I bring a guest to the orientation dinner?

- Yes. Please be prepared to pay for the guest dinner and notify Doug Anderson by **Sunday April 20, 2025**. doug@andersonstreecare.com

What is the day of the Ride like?

- Eat your breakfast, fill your water bottles, air up your bike tires, and find your riding buddies.
- Bring your bike and supplies to the designated area (usually near the conference hotel lobby) at the time announced at the Rider briefing the prior evening.
- There will be a **mandatory rider briefing about 15 minutes prior to rollout** which will cover what to expect during the day including a review of the weather and road conditions, safety issues, stops, and events.
- We will make last-minute bike inspections and take a group photo.
- We will identify the Support and Gear Vehicles and volunteers.
- We will roll out as a group.
- Both Route #1 and #2 will include two tree-planting ceremonies during the morning. The first will be at Fort Lowell Park. The second is at Bloom Elementary School. After the school event, cyclists on Route #2 will ride back to the conference hotel. Cyclists on the longer Route #1 will continue on until the lunch stop. The afternoon ride will include one or two rest stops.
- **Bring an identification card with you while riding.**
- **Bring a credit card or debit card.**
- **Bring your emergency contact information, especially if you have medical issues or directives.**
- **Bring a cell phone and never ride alone.**

What are the stops?

- Tree planting events. These are short, tree planting and dedication ceremonies. The first is at Fort Lowell Park at about Mile 6, and the second is at Bloom Elementary School at approximately Mile 12.
- Rest stops, bathroom breaks, and lunch. Final routes are still in development and will be announced at the orientation scheduled the evening before the ride.

What else will happen during the day?

- Towards the end of the day, the Support and Gear Vehicles will follow any riders who may still be on the road to ensure that everyone returns to the conference hotel safely and in time for the WCISA Conference Opening Reception with Exhibitors.

How do I stay informed about Ride details and any changes to plans?

- The latest event information will be posted on [The Britton Fund](http://TheBrittonFund.com) website. You may also email Doug Anderson: doug@andersonstrecare.com
- To support the Ride experience, we will communicate via the mandatory rider briefings (night before the Ride and the morning briefing before the Ride).
- During the dinner orientation, we will discuss how to share information through Ride with GPS, Strava, and Garmin uploads.

What if I can't ride the entire route?

- We have Support and Gear Vehicles available to transport cyclists as needed due to mechanical problems or fatigue. If you need help, they will be close by.

What can I expect from the volunteer mechanics?

- The Ride mechanics can handle just about any repair. Help will be available, but you may have to wait a bit for it. You are responsible for the cost of items needed to repair your bike. Please remember:
 - Being able to fix a flat yourself will get you back on the road faster.
 - If you are shipping your bike, knowing how to assemble/break down your bike will make your life easier.

Helpful reminders for a good experience.

- Train on the bike you will be riding. If you are concerned about bike fit and your riding position, get advice from a cycling coach, bike shop professional, or knowledgeable rider before the event.
- Participate in weekend group rides to become comfortable with other wheels just inches away. Group rides tend to be fast too, which is good training.
- Get comfortable eating on long rides. You'll need to consume roughly 250-300 calories per hour will help ensure all-day energy. Drink at least 24 ounces an hour (one water bottle) to stay hydrated.
- Don't forget speed. Training rides should include some rolling hills to sprint up, some escapes from farm dogs, and some fast tailwind stretches to help you turn a big gear. Making these surges, rather than always riding at a constant pace, will help raise your fitness and cruising speed.
- **Reminder - some self-support is always required! Bring your ID, credit or debit card, and emergency contact info on all rides!**

Do you have other questions or concerns? We want to hear from you!

Contact **Doug Anderson** at:

doug@andersonstrecare.com or call 408-206-2722.



Contact **The Britton Fund** at: info@thebrittonfund.org or call 559-784-8733